



## Overnight Camp

### Illness Prevention & Health Policy

Camp Timberline is dedicated to keeping our campers and staff as healthy as possible while they are on camp property. As such, we continue to take a proactive stance on all communicable and influenza-like illnesses. In accordance with CDC resources, the Environmental Health and Engineering (EHE) Guidebook, the American Camping Association (ACA), the Association of Camp Nursing (ACN), as well as our state and local health department guidelines, the following procedures have been put in place to minimize the spread of illness and are subject to change as more information becomes available.

- Each camper is pre-screened with an online 7-Day Health form that will be evaluated by our health staff. Upon arrival, campers will receive a temperature reading along with a 24-Hour Health Screening form to address current symptoms, exposure, and medication.
- If a camper has any of the symptoms below, the camper will be immediately quarantined and may be sent home as recommended by our health staff and county health department.
  - a. temperature above 100° **or**
  - b. cough and/or shortness of breath **or**
  - c. Loss of taste or smell **or**
  - d. GI Issues (nausea/vomiting/diarrhea)
- If a camper has any of the symptoms below, the camper will be evaluated by our health staff, deferring to the most current county health department guidelines to determine the appropriate next steps:
  - a. Runny nose **or**
  - b. Headache **or**
  - c. Does not feel well (achy/fatigue) **or**
  - d. Sore throat
- If a camper is sent home to quarantine, he/she may return for a different session during the current summer pending availability and the Safe Re-Entry to Camp policy is followed.
- Camp will follow county guidelines in regard to contact tracing and exposure within a cabin group/cohort.
- Campers are monitored by their counselors throughout the week for any exposure, along with a daily temperature check.
- Staff are educated on the importance of hand washing and guide their campers in this effort throughout the day.
- Alcohol based hand cleaner is provided, as well as soap in each cabin and hand-washing stations around camp.
- Tissues and increased ventilation are provided in the common areas of camp and in each cabin.
- The common camp areas will be cleaned and sanitized regularly by our staff.

Ultimately, our biggest goal is for the entire camper group to have an incredible experience at camp and not remember a "sick" week here. We do not want any camper spending several days quarantined in the Health Hut and would rather they recover in the comfort of their own home to protect the group and the camper individually. We are constantly asking, "What is best for your child's experience and the camper group as a whole?"

#### **Agency Connections:**

**National:** Center for Disease Control & Prevention - [www.cdc.gov](http://www.cdc.gov) and American Camp Association - [www.acacamps.org](http://www.acacamps.org)

**State:** Colorado Department of Public Health - [www.cdphe.state.co.us](http://www.cdphe.state.co.us)

**Local:** Larimer County Department of Public Health - [www.larimer.org/health](http://www.larimer.org/health)